

## **Climbing Course Equipment List**

Sawtooth Mountain Guides partners with Mammut for technical outerwear and equipment. We also partner with Backwoods Mountain Sports in Ketchum. Click on the logos for the company websites or on the links below for specific products.



**MAMMUT**  
S W I S S 1 8 6 2



### **Strongly recommended for all climbing instructional**

**programs** (SMG can provide if necessary):

- Harness such as [Mammut 4 Slide Harness](#)
- Helmet (climbing specific) such as [Mammut Crag Sender Helmet](#)
- Climbing shoes
- Chalk Bag such as [Mammut Crag Chalk Bag](#)
- Assisted braking device (ABD), such as [Mammut Smart 2.0](#) or Petzl Gri-Gri
- Belay gloves
- 2-4 locking carabiners
- 2-4 non-locking carabiners
- Cordelette (approx 16' of 7mm nylon cord; or 5-6mm technora cord or equivalent)
- Friction hitch loop, such as [Sterling Auto Block](#)
- 40-45L "cragging" backpack such as [Mammut Neon 45](#)
- Guide book for course venue [Idaho Underground](#) or [City of Rocks](#)

### **Additionally recommended for Introduction to Outdoor Climbing:**

- [Belay/rappel device](#)
- Personal tether made out of dynamic material, such as Petzl Connect-Adjust
- [120cm sewn sling](#)
- [180-240cm "quad" sewn sling](#)
- 10 or more [quickdraws](#)
- [70m climbing rope](#) (9.0 - 9.5mm diameter recommended)

### **Additionally recommended for Introduction to Trad:**

- Single set of nuts and nut tool
- Single set of spring loaded camming units from .3 to #3, each cam on its own non-locking carabiner
- 8-10 additional light carabiners for anchors, racking gear and "alpine draws"
- 3-5 [60cm x sewn slings](#)
- Crack gloves such as [OR Splitter](#) or [Ocu](#)

### **Additionally recommended for Introduction to Multi-pitch and Self Rescue:**

- Plaque belay device (such as [Nordwand Alpine Belay](#))
- 2-4 locking carabiners should be "pear shaped"
- Rope clamp, such as Petzl Tibloc
- Progress capture pulley, such as Petzl Nano Traction

### **Accessories**

- Sunglasses
- Belay glasses
- Sunscreen
- Brimmed hat or visor
- Bug repellent
- Lip balm
- [Restop Bag](#)/Wag Bag
- Personal first aid kit (athletic tape, ibuprofen, bandaids, blister material, etc.)

### **Food and Water**

- Lunch
- Snacks
- Minimum 1 liter of water

### **Recommended Clothing** (Mammut has M's and W's versions of the following products):

- Gore-tex or equivalent shell jacket such as [Mammut Aenergy HS Hooded](#) (if rain is forecast)
- Synthetic climbing pants such as [Mammut Massone](#)
- Sun hoody such [Mammut Selun](#)
- Insulation piece such as [Mammut Rime Light](#)
- Sticky rubber approach shoes