Alpine Climbing Equipment List

Sawtooth Mountain Guides partners with Mammut for technical outerwear and equipment. We also partner with Backwoods Mountain Sports in Ketchum. Click on the logos for the company websites or on the links below for specific products.

Recommended Climbing Equipment (*SMG can provide if necessary):*

- ☐ Harness - Adjustable leg loops preferred such as Mammut 4 Slide Harness
- ☐ Helmet (climbing specific) such as Mammut Crag Sender Helmet
- ☐ Assisted braking device (ABD), such as Mammut Smart 2.0 or Petzl Gri-Gri
- ☐ 2-4 locking carabiners
- ☐ 2-4 non-locking carabiners
- ☐ 30-45L backpack such as Mammut Neon 45
- ☐ 1 double-length (48") sling
- ☐ Ice axe (45-55cm, such as Petzl Sum'tec
- ☐ Crampons such as Petzl Sarken (check compatibility with boots)
- ☐ Mountain boots—such as Mammut Taiss Light Mid GTX or Kento Pro High GTX
- ☐ Rock shoes and chalk bag (route dependent)*

Recommended Clothing *(Mammut has M's and W's versions of the following products):*

- ☐ Gore-tex or equivalent shell jacket such as Mammut Aenergy HS Hooded (if rain is forecast)
- ☐ Synthetic climbing pants such as Mammut Taiss Guide SO or Courmayeur SO
- ☐ Sun hoody such Mammut Selun
- ☐ Insulation piece such as Mammut Rime Light
- ☐ Light hat or beanie
- ☐ Lightweight gloves such as Mammut Astro Light Gloves
- ☐ Waterproof gloves such as Mammut Eiger Free Gloves
- ☐ Neck gaitor or Buff
- ☐ Gaitors (depends on conditions, type of pants)*

Accessories

- ☐ Sunglasses
- ☐ Headlamp with spare batteries
- ☐ Sunscreen
- ☐ Brimmed hat or visor
- ☐ Bug repellent*
- ☐ Lip balm*
- ☐ Restop Bag/Wag Bag*
- ☐ Personal first aid kit (athletic tape, ibuprofen, bandaids, blister material, etc.)*
- ☐ Trekking poles (strongly recommended)*

Food and Water

- ☐ Lunch
- ☐ Snacks
- ☐ Minimum 1 liter of water

Camping Equipment (*SMG can provide if necessary)*

- ☐ Sleeping bag (20-30 degree down or synthetic)
- ☐ Sleeping pad
- ☐ Stove, fuel, cook pot (can be group gear)
- ☐ Cup and spoon
- ☐ Tent or bivy sack (can be group gear)

*Denotes optional gear