

Multi-Day Hiking & Climbing Equipment List

Sawtooth Mountain Guides partners with Mammut for technical outerwear and equipment. We also partner with Backwoods Mountain Sports in Ketchum. Click on the logos for the company websites or on the links below for specific products.



MAMMUT
S W I S S 1 8 6 2



Camping Equipment (SMG can provide if necessary):

- Backpack (minimum 50L volume) such as [Mammut Lithium 50 or Trion 50](#)
- Sleeping bag (20-30 degree down or synthetic)
- Sleeping pad
- Stove, fuel, cook pot (can be group gear)
- Cup and spoon
- Tent or other shelter (can be group gear)

Recommended Clothing (Mammut has M's and W's versions of the following products):

- Gore-tex or equivalent shell jacket such as Mammut Taiss HS Hooded
- Insulation piece such as Mammut Rime Light
- Sun hoody, such Mammut Selun
- Synthetic hiking pants such as Mammut Zinal or Aenergy
- Quick drying shorts
- Quick drying t-shirt
- Light ski hat/beanie
- Lightweight gloves
- Two pair hiking socks
- Hiking shoes or boots
- Camp shoes (sandals, crocs, etc —should be light)*

Accessories

- Headlamp with extra batteries
- Toiletries: Keep it simple.
- Snacks
- Sunglasses
- Sunscreen
- Brimmed hat or visor
- Bug repellent*
- Lip balm
- [Restop Bag](#)/Wag Bag
- Personal first aid kit (athletic tape, ibuprofen, bandaids, blister material, etc.)
- Trekking poles*
- 1-2 Liters of water (Bottle or hydration system)
- Ultralight camping towel such as [PackTowl](#)*

*Denotes optional equipment.