

Climbing Course Equipment List

Sawtooth Mountain Guides partners with Mammut for technical outerwear and equipment. We also partner with Backwoods Mountain Sports in Ketchum. Backwoods is a Mammut dealer and a one-stop-shop for mountain sports in the Ketchum/Sun Valley area. Click on the logos for the company websites or on the links below for specific products.



Strongly recommended for all climbing instructional programs (SMG can provide if necessary):

- [Harness](#)
- [Helmet](#)
- Climbing shoes
- [Chalk Bag](#)
- Assisted braking device (ABD), such as [Mammut Smart 2.0](#) or Petzl Gri-Gri
- Belay gloves
- 2-4 locking carabiners
- 2-4 non-locking carabiners
- Cordelette (5.5m of 7mm nylon cord; or 5-6mm technora cord or equivalent)
- Friction hitch loop, such as [Sterling Auto Block](#)
- 40-45L "cragging" backpack such as [Neon 45](#)

Additionally recommended for Introduction to Outdoor Climbing:

- [Belay/rappel device](#)
- Personal tether made out of dynamic material, such as Petzl Connect-Adjust
- [120cm sewn sling](#)
- [180-240cm "quad" sewn sling](#)
- 10-20 [quickdraws](#)
- [70m climbing rope](#) (9.0 - 9.5mm diameter recommended)

Additionally recommended for Introduction to Trad:

- Single set of nuts and nut tool
- Single set of spring loaded camming units from .3 to #3
- 8-10 additional light carabiners for anchors, racking gear and "alpine draws"
- 3-5 [60cm x sewn slings](#)
- Crack gloves such as [OR Splitter](#) or [Ocu](#)

Additionally recommended for Introduction to Multi-pitch and Self Rescue:

- Plaque belay device (such as [Nordwand Alpine Belay](#))
- Rope clamp, such as Petzl Tibloc
- Progress capture pulley, such as Petzl Nano Traction

Accessories

- Sunglasses
- Belay glasses
- Sunscreen
- Brimmed hat or visor
- Bug repellent
- Lip balm
- [Restop Bag](#)/Wag Bag
- Personal first aid kit (ibuprofen, bandaids, blister material, etc.)

Food and Water

- Lunch
- Snacks
- Minimum 1 liter of water

Recommended Clothing (Mammut has M's and W's versions of the following products):

- Gore-tex or equivalent shell jacket such as Mammut Taiss HS Hooded (if rain is forecast)
- Synthetic climbing pants such as Mammut Massone
- Sun hoody, such Mammut Selun
- Insulation piece such as Mammut Rime Light
- Sticky rubber approach shoes