



## AIARE LEVEL 1 AVALANCHE COURSE – STANLEY, ID

### Decision Making in Avalanche Terrain

By the end of the AIARE Level 1 course, participants will be able to:

- **PREPARE** for backcountry travel by tracking conditions, investigating trip options and practicing rescue during realistic scenarios.
- Develop a trip **PLAN** utilizing the current avalanche advisory.
- Apply the **RIDE SAFELY** checklist to monitor conditions and communicate associated hazard and risk with your group.
- Apply the **RIDE SAFELY** checklist to recognize avalanche terrain and choose terrain that matches the current conditions and skills of the group.
- Contribute to a **TEAM** that travels and decides together, listens to every voice, challenges assumptions and respects any veto.
- Routinely instigate and participate in a group **DEBRIEF** to intentionally develop experience.
- Create a plan for continuing development of skills and experience.

#### COURSE ITINERARY:

##### DAY 1

		10:30a	Plan – Discuss your Emergency Plan
8:00a	Meet at SMG Headquarters in Stanley		
		10:45a	Ride Safely Checklist Choosing Terrain & Traveling Wisely
8:15a	Welcome and Introductions Risk Management		
		11:30a	Transition to Field
8:45a	Course Introduction and Outcomes Intro to the AIARE Framework		
		12:00p	Field Ski Tour
9:00a	Prepare – Track the Season’s Conditions Mountain Snowpack & Avalanche Problems		<ul style="list-style-type: none"> <li>• Intro to Ride Safely Checklist</li> <li>• Monitor and record conditions</li> <li>• Intro to snow profiles and snowpack tests</li> <li>• Avalanche terrain identification</li> </ul>
10:00a	Prepare – Investigate Trip Options Fundamentals & Terrain Intro		
		4:30p	Debrief and end day in the field
10:30a	Prepare – Avalanche Rescue		

##### DAY 3

11:30a	Transition to Field	8:00a	Meet at SMG Headquarters Debrief Presentation
12:30p	Prepare – Avalanche Rescue Field Session		
4:00p	Debrief & How to Practice	8:30a	Trip Planning in Small Tour Groups
		9:30a	Transition to Field
		10:30a	The “Perfect Tour”
8:00a	Meet at SMG Headquarters Decision Making Guide		
		3:30p	Return to Vehicles Course Close: Review Objectives, What Next?
8:30a	Plan – Assemble Your Group		
		4:00p	Course Finish
9:15a	Plan – Anticipate the Hazard Weather & Snowpack Obs Interpreting the Avalanche Advisory		
10:00a	Plan – Plan Your Route Limit Avalanche Exposure		