



AIARE 1 - DECISION MAKING IN AVALANCHE TERRAIN

Winter 2023-2024

PRE-COURSE LEARNING (5-7HRS)

To get the most out of this course, please complete all pre-course learning before the course. There will be classroom sessions each morning of the course to review lessons that will be covered in the field that day and do daily field planning.

- Look for an email from Sawtooth Mountain Guides with instructions on how to access pre-course learning prior to course.
- Download [AVENZA mobile mapping app](#)
- Stanley Courses will meet at [Sawtooth Mountain Guides Office](#)
- Sun Valley & Boise Courses an email will be sent prior to your course with classroom space meeting location.

COURSE AGENDA (26HRS)

Day 1: Avalanche Problems, Terrain and Rescue (9hrs)

1.5 hours Classroom sessions with SMG AIARE Instructor

6 hours field instruction and rescue practice with an instructor.

800-930 Classroom Session

- Introduction and course goals
- Review AIARE Online Lessons & Answer Questions
- Review AIARE Avalanche Rescue Lessons
- Goals and meeting location for field session

930-1000 Transition to Field: Exact location TBD.

- Some commonly used areas for Stanley & Sun Valley Courses include: [Galena Summit](#), [Banner](#), [Park Cr/Stanley Cr](#), [Baker Creek](#)

1030-1600 Meet at assigned trailhead for full field day

- Introductions and goals
- Hand out materials - AIARE Manual, Field Notebook, Rescue Card, pencil

- Gear check : Review [equipment list](#) - Due to extended hours outside, consider including lots of layers, extra gloves, hand/toe warmers, extra snacks, thermos/warm beverage.
- Rescue practice

1600-1630 Back at cars

- Tour of AIARE Field Notebook
- Debrief
- Plan logistics for tomorrow - trailhead, specific equipment, etc.

Evening

- Review [Sawtooth Avalanche Center Website](#)
- Review season conditions on [Sawtooth Avalanche Center Conditions Blog](#)
- Review AIARE Field Notebook and Resources

Day 2: PLAN, RIDE, DEBRIEF with observations tour and travel protocols (9hrs)

1.5 Classroom session with SMG AIARE Instructor

6 hours field instruction with instructor.

1.5 hours self-paced evening homework.

0800-0930 Instructor Led Zoom

- Review and Questions form Day 1
- Goals and plan for Day 2
- Sawtooth Avalanche Center - How to Use the Forecast
- Read [Sawtooth Avalanche Center](#) forecast for area you are meeting your team today
- Fill out AIARE field notebook for the day – Instructor Led.

0930-1000 Travel to trailhead ([Galena Summit](#), [Banner](#))

1030-1600 Teams at TH

- Instructor led Trip Plan
- Ride Safely checklist
- Observations tour
- Travel protocols

1600-1630 Cars

- Debrief
- Discuss tour plan and run list for Day 3

Evening

- [Submit observations](#) to Sawtooth Avalanche Center
- Review AIARE field notebook
- Tour planning for Day 3

Day 3: Put it all together with student led tour (8hrs)

2 hour Student led meeting with all team members and instructor- Classroom Session

5 hour student led tour

1 hour post course review

0800-1000 Student led Trip Plan (Classroom)

- Review and Questions from Day 2
- Students use all tools and resources to PLAN a full day tour with instructor supervision.

1000-1100 Travel to trailhead ([Galena Summit](#), [Banner](#))

1100-1530 Field

- Meet team at trailhead for student led tour - RIDE

1530-1600 Cars

- DEBRIEF
- Course Close

Post-Course Review AIARE 1 Online Lessons

[Submit observations](#) to Sawtooth Avalanche Center
Standby for follow up email from course leader with

- AIARE Course Completion Certificate
- Additional [links and resources](#)