



## AIARE 1 - DECISION MAKING IN AVALANCHE TERRAIN

*Winter 2022-2023*

### PRE-COURSE LEARNING (5-7HRS)

To get the most out of this course, please complete all pre-course learning before the course. There will likely be zoom session each morning of the course to review lessons that will be covered in the field that day.

- Look for an email from Sawtooth Mountain Guides with instructions on how to access pre-course learning prior to course.
- Download [AVENZA mobile mapping app](#)

### COURSE AGENDA (26HRS)

#### Day 1: Avalanche Problems, Terrain and Rescue (9hrs)

*1.5 hours Zoom session with SMG AIARE Instructor*

*6 hours field instruction and rescue practice with an instructor.*

*800.5 hours self-paced evening learning.*

800-930 Instructor Led Zoom

- Introduction and course goals
- Review AIARE Online Lessons & Answer Questions
- Review AIARE Avalanche Rescue Lessons
- Goals and meeting location for field session

930-1030 Transition to Field: Exact location TBD.

- Some commonly used areas include: [Galena Summit](#), [Banner](#), [Park Cr/Stanley Cr](#), [Baker Creek](#)

1030-1600 Meet at assigned trailhead for full field day

- Introductions and goals
- Hand out materials - AIARE Manual, Field Notebook, Rescue Card, pencil
- Gear check : Review [equipment list](#) - Due to extended hours outside consider including lots of layers, extra gloves, hand/toe warmers, extra snacks, thermos/warm beverage.
- Rescue practice

1600-1630 Back at cars

- Tour of AIARE Field Notebook
- Debrief
- Plan logistics for tomorrow - trailhead, specific equipment, etc.

Evening

- Review [Sawtooth Avalanche Center Website](#)
- Review season conditions on [Sawtooth Avalanche Center Conditions Blog](#)
- Review AIARE Field Notebook and Resources

**Day 2: PLAN, RIDE, DEBRIEF with observations tour and travel protocols (9hrs)**

*1.5 Zoom session with SMG AIARE Instructor*

*6 hours field instruction with instructor.*

*1.5 hours self-paced evening homework.*

0800-0930 Instructor Led Zoom

- Review and Questions form Day 1
- Goals and plan for Day 2
- Sawtooth Avalanche Center - How to Use the Forecast
- Read [Sawtooth Avalanche Center](#) forecast for area you are meeting your team today
- Fill out AIARE field notebook for the day – Instructor Led.

0930-1030 Travel to trailhead ([Galena Summit](#), [Banner](#))

1030-1600 Teams at TH

- Instructor led Trip Plan
- Ride Safely checklist
- Observations tour
- Travel protocols

1600-1630 Cars

- Debrief
- Discuss tour plan and run list for Day 3

Evening

- [Submit observations](#) to Sawtooth Avalanche Center
- Review AIARE field notebook
- Tour planning for Day 3

### **Day 3: Put it all together with student led tour (8hrs)**

*2 hour Student led meeting with all team members and instructor*

*5 hour student led tour*

*1 hour post course review*

0800-1000 Student led Trip Plan Zoom

- Review and Questions from Day 2
- Students use all tools and resources to PLAN a full day tour with instructor supervision.

1000-1100 Travel to trailhead ([Galena Summit](#), [Banner](#))

1100-1530 Field

- Meet team at trailhead for student led tour - RIDE

1530-1600 Cars

- DEBRIEF
- Course Close

Post-Course Review AIARE 1 Online Lessons

[Submit observations](#) to Sawtooth Avalanche Center  
Standby for follow up email from course leader with

- AIARE Course Completion Certificate
- Additional [links and resources](#)
- [SMG course survey](#)