



MULTI-DAY HIKING & CLIMBING EQUIPMENT LIST

Camping Equipment – SMG can provide if necessary

- Backpack (minimum 50L volume)
- Sleeping bag (20-30 degree down or synthetic)
- Sleeping pad
- Stove, fuel, cook pot (can be group gear)
- Cup and spoon
- Tent or other shelter (can be group gear)

Recommended Clothing

- Lightweight waterproof shell jacket
- Nylon pants and/or climbing/alpine pants
- Quick drying shorts
- Quick drying t-shirt
- Long underwear tops and bottoms
- Insulated layer (light fleece or puffy jacket)
- Light ski hat/beanie
- Lightweight gloves
- Two pair hiking socks
- Hiking shoes or boots
- Camp shoes (sandals, crocs, etc —should be light)*

*Denotes optional gear

Accessories

- Headlamp with spare batteries
- Snacks
- Toiletries (keep it simple!)
- Sunglasses
- Sunscreen
- Brimmed hat or visor
- Bug repellent*
- Lip balm
- Camera*
- Trekking poles*
- 1-2 Liters water (bottle or hydration system)

For Multi-Day Climbing Trips:

Climbing Equipment – SMG can provide if necessary

- Harness
- Helmet
- Belay device
- 2 locking carabiners
- 2 non-locking carabiners
- 1 double-length (48") sling
- 1 single-length (24") sling
- Small climbing pack*
- Climbing shoes
- Chalk bag*



eddiebauer.com



blackdiamondequipment.com



www.backwoodsmountainsports.com