



DAY HIKING EQUIPMENT LIST

Accessories

- Backpack (about 20L volume)
- Sunglasses
- Sunscreen
- Brimmed hat or visor
- Bug repellent*
- Lip balm
- Camera*
- Hiking poles*

Food and Water

- Lunch
- Snacks
- Liter of water

Recommended Clothing

- Lightweight waterproof shell jacket
- Nylon pants and/or shorts
- Quick drying t-shirt
- Light fleece jacket or down shirt
- Lightweight hiking shoes

*Denotes optional gear

Eddie Bauer

eddiebauer.com

 **Black Diamond**

blackdiamondequipment.com


BACKWOODS
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backwoodsmountainsports.com